



Teach Handwriting

Autumn term Year 3 CONSOLIDATION & ASSESSMENT

1st Half Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Shoulder stability (section 3)	"I don't know!"	Up we go	Chair push ups	Bear hug	Hand pushes	Desk push ups
Crossing the mid line (section 3)	Lazy 8	Scissor cuts	Butterflies	Lazy 8	Scissor cuts	Butterflies
Wrist strength & mobility (section 3)	Doorknob turns	Wrist lifts	Wrist circles	Doorknob turns	Wrist lifts	Wrist circles
Whole hand (section 3)	Walk & flip	Super hands	Rolling pencil	Walk & flip	Super hands	Rolling pencil
Thumb & finger (section 3)	Circles	Tips only	Finger bend	Circles	Tips only	Finger bend
Letter & number formation	Bottom exit Letter joins	Top exit letters to the letter 'e'	Top exit letters Joining to the T1 letters	Top exit letters Joining to the group T2 letters	Capital straight lines family & mixed lower case letters & joins	Capital straight & slant lines family & mixed lower case letters & joins
Sitting & Posture Lesson	Getting ready to handwrite - Posture & the Sitting Song (section 4)					
	X			x		
Pencil Grip Lessons	Getting ready to handwrite- Pencil grip lessons Stage 2—3 (Section 4B)					
	x			x		
Paper tilt & Position Lesson	Learning to handwrite—paper position & tilt lesson (Section 4B)					
	X			x		



Teach Handwriting

Autumn term Year 3						
2nd Half Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Shoulder stability (section 3)	Hand pushes	Up we go	"I don't know!"	Hand pushes	Up we go	Desk push ups
Crossing the mid line (section 3)	Scissors cuts	Butterflies	Lazy 8	Scissor cuts	Butterflies	Lazy 8
Wrist strength & mobility (section 3)	Wrist circles	Doorknob turns	Wrist lifts	Wrist circles	Doorknob turns	Wrist lifts
Whole hand (section 3)	Super hands	Rolling pencil	Walk & flip	Super hands	Rolling pencil	Walk & flip
Thumb & finger (section 3)	Tips only	Finger blend	Circles	Tips only	Finger bend	Circles
Letter & number formation	Capital straight & curly lines family & mixed lower case letters and joins	Capital curly lines family & mixed lower case letters & joins	Mixed capital letters & mixed lower case letters & joins	Numbers & symbols (0-9, ?, !, @, £, &, \$)	Refine skills	
					Whole words mixed letter families & focus on bottom exit letter joins	Whole word mixed letter families & focus on top exit letters to the letter 'e'
Sitting & Posture Lesson	Getting ready to handwrite - Posture & the Sitting Song (section 4)					
	X				x	
Pencil Grip Assessments	Getting ready to handwrite- Pencil grip lessons Stage 2—3 (Section 4B)					
	x				x	
Paper tilt & Position Lesson	Learning to handwrite—paper position & tilt lesson (Section 4B)					
	X				x	



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Spring term Year 3						
1st Half Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Shoulder stability (section 3)	Up we go	Chair push ups	Hand pushes	Bear hug	Up we go	Desk push ups
Crossing the mid line (section 3)	Butterflies	Scissor cuts	Windscreen wipers	Lazy 8	Paper chase	Scissor cuts
Wrist strength & mobility (section 3)	Wrist lifts	Doorknob turns	Wrist circles	Wrist lifts	Doorknob turns	Wrist circles
Whole hand (section 3)	Rolling pencil	Walk & flip	Super hands	Rolling pencil	Super hands	Walk & flip
Thumb & finger (section 3)	Tips only	Bow politely	Finger bend	Circles	Tips only	Bow politely
Letter & number formation	Refine skills					
	Whole words Capital letters & mixed letter families & bottom exit letter joins	Whole words Capital letters & mixed letter families & top exit letter joins	Whole words Capital letters & mixed letter families & joins			
Sitting & Posture Lesson	Getting ready to handwrite - Posture & the Sitting Song (section 4)					
			x			
Pencil Grip Lessons	Getting ready to handwrite- Pencil grip lessons Stage 2—3 (Section 4B)					
			x			
Paper tilt & Position Lesson	Learning to handwrite—paper position & tilt lesson (Section 4B)					
			x			



Teach Handwriting

Spring term Year 3

2nd Half Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Shoulder stability (section 3)	Up we go	Desk push ups	"I don't know!"	Bear hug	Hand pushes	Chair push ups
Crossing the mid line (section 3)	Butterflies	Scissor cuts	Lazy 8	Windscreen wipers	Macarena	Paper chase
Wrist strength & mobility (section 3)	Wrist circles	Wrist lifts	Heel swing	Doorknob turns	Wrist lifts	Heel swing
Whole hand (section 3)	Baton twirl	Super hands	Rolling pencil	Walk & flip	Super hands	Rolling pencil
Thumb & finger (section 3)	Circles	Tips only	Finger bend	Bow politely	Tips only	Finger bend

Letter & number formation	Refine skills					
	Whole words Capital letters & mixed letter families & bottom exit letter joins	Whole words Capital letters & mixed letter families & top exit letter joins	Whole words Capital letters & mixed letter families & bottom joins			
Sitting & Posture Lesson	Getting ready to handwrite - Posture & the Sitting Song (section 4)					
	X				X	
Pencil Grip Lessons	Getting ready to handwrite- Pencil grip lessons Stage 2—3 (Section 4B)					
	X				X	
Paper tilt & Position Lesson	Learning to handwrite—paper position & tilt lesson (Section 4B)					
	X				X	



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Summer term Year 3						
1st Half Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Shoulder stability (section 3)	Up we go	Desk push ups	"I don't know!"	Bear hug	Hand pushes	Chair push ups
Crossing the mid line (section 3)	Butterflies	Scissor cuts	Lazy 8	Windscreen wipers	Macarena	Paper chase
Wrist strength & mobility (section 3)	Wrist circles	Wrist lifts	Heel swing	Doorknob turns	Wrist lifts	Heel swing
Whole hand (section 3)	Baton twirl	Super hands	Rolling pencil	Walk & flip	Baton twirl	Rolling pencil
Thumb & finger (section 3)	Finger walk	Finger bend	Finger twirl	Circles	Tips only	Finger bend
Letter & number formation	Refine skills					
	Focus on bottom exit letter joins		Focus on top exit letter joins to the letter 'e'	Focus on top exit letters joining group T1 letters	Focus on top exit letters joining group T2 letters	Numbers & symbols (0-9, ?, !, @, £, \$, &)
	Speed & fluidity skills					
	Dictation set 1	Dictation set 2	Dictation set 3	Dictation set 4	Dictation set 5	Dictation set 6
Sitting & Posture Lesson	Getting ready to handwrite - Posture & the Sitting Song (section 4)					
	X				x	
Pencil Grip Lessons	Getting ready to handwrite- Pencil grip lessons Stage 2—3 (Section 4B)					
	x				x	
Paper tilt & Position Lesson	Learning to handwrite—paper position & tilt lesson (Section 4B)					
	X				x	



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Summer term Year 3						
2nd Half Term	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Shoulder stability (section 3)	Bear hug	Desk push ups	"I don't know!"	Up we go	Chair push ups	Hands pushes
Crossing the mid line (section 3)	Windscreen wipers	Butterflies	Paper chase	Scissor cuts	Lazy 8	Macarena
Wrist strength & mobility (section 3)	Doorknob turns	Wrist circles	Heel swing	Doorknob turns	Wrist lifts	Heel swing
Whole hand (section 3)	Walk & flip	Super hands	Rolling pencil	Batton twirl	Walk & flip	Rolling pencil
Thumb & finger (section 3)	Finger twirls	Tips only	Finger bend	Circles	Bow politely	Finger walk
Letter & number formation	Refine skills					
	Focus on bottom exit joins		Focus on top exit letter	Focus on top exit letters	Focus on top exit letters	Numbers & symbols (0-
	Speed & fluidity skills					
	Dictation set 7	Dictation set 8	Dictation set 9	Dictation set 10	Dictation set 11	Dictation set 12
Sitting & Posture Lesson	Getting ready to handwrite - Posture & the Sitting Song (section 4)					
	X				X	
Pencil Grip Lessons	Getting ready to handwrite- Pencil grip lessons Stage 2—3 (Section 4B)					
	X				X	
Paper tilt & Position Lesson	Learning to handwrite—paper position & tilt lesson (Section 4B)					
	X				X	