



# Teach Handwriting

**Year 5 & 6 Continue to consolidate. Children to refine skills, developing speed & fluidity.**

Children requiring additional support/intervention or further teaching use the specific year group that they are assessed within. See KS1/Y3/Y4 assessments.

|  |   |                 |                |                |                   |                |
|--|---|-----------------|----------------|----------------|-------------------|----------------|
|  |   |                 |                |                |                   |                |
| <b>Shoulder stability (section 3)</b>            | Hand pushes   | "I don't know!" | Chair push ups | Up we go       | "I don't know!"   | Chair push ups |
| <b>Crossing the mid line (section 3)</b>         | Windscreen wipers   | Lazy 8          | Butterflies    | Scissor cuts   | Windscreen wipers | Lazy 8         |
| <b>Wrist strength &amp; mobility (section 3)</b> | Doorknob turns  | Wrist lifts     | Wrist circles  | Doorknob turns | Wrist circles     | Wrist lifts    |
| <b>Whole hand (section 3)</b>                    | Walk & flip   | Super hands     | Rolling pencil | Walk & flip    | Super hands       | Rolling pencil |
| <b>Letter &amp; number formation</b>             | Refine skills   |                 |                |                |                   |                |
|  | Speed & fluidity skills   |                 |                |                |                   |                |
|  | Dictations—see KS2 folder   |                 |                |                |                   |                |
| <b>Sitting &amp; Posture Lesson</b>              | Getting ready to handwrite - Posture & the Sitting Song ( <b>section 4</b> )    |                 |                |                |                   |                |
|  | X   |                 |                |                | X                 |                |
| <b>Pencil Grip Lessons</b>                       | Getting ready to handwrite- Pencil grip lessons Stage 2—3 ( <b>Section 4B</b> ) |                 |                |                |                   |                |
|  | x   |                 |                |                | x                 |                |
| <b>Paper tilt &amp; Position Lesson</b>          | Learning to handwrite—paper position & tilt lesson (Section 4B)                 |                 |                |                |                   |                |
|  | X   |                 |                |                | X                 |                |