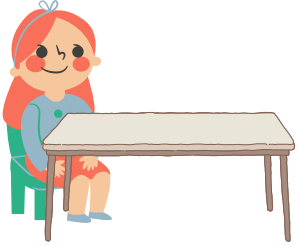


Sitting Song

Verse 1



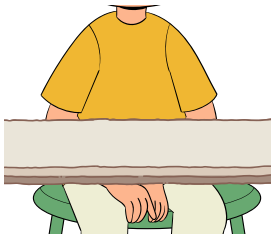
Stand to attention, in front of the chair,



Wriggle on down, 'til your bottom rests there.



Pull the chair in, towards the table,



Jiggling hands between it and your navel.

Chorus



Sitting, correctly, there's no need to frown.

Follow this song, and wriggle on down!

With a wriggle and a jiggle, feet flat on the floor.



We're all getting ready, to write some more!



One last wriggle, and check to be sure,



That both feet are flat, on the floor.



Your bottom is back, against the seat.



And your tummy and table, do not meet!

Chorus



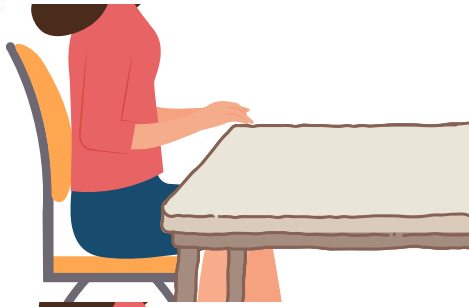
Sitting, correctly, there's no need to frown.

Follow this song, and wriggle on down!

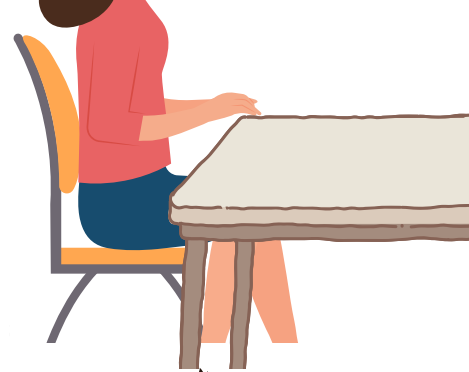


With a wriggle and a jiggle, feet flat on the floor.

We're all getting ready, to write some more!



Lean slightly forward, with a straight back,



Elbows are bent, and arms aren't slack.



Now you are comfy, and ready to write;



Make sure you don't hold that pencil too tight!

Chorus



Sitting, correctly, there's no need to frown.

Follow this song, and wriggle on down!

With a wriggle and a jiggle, feet flat on the floor.



Now we're all ready, to write some more!