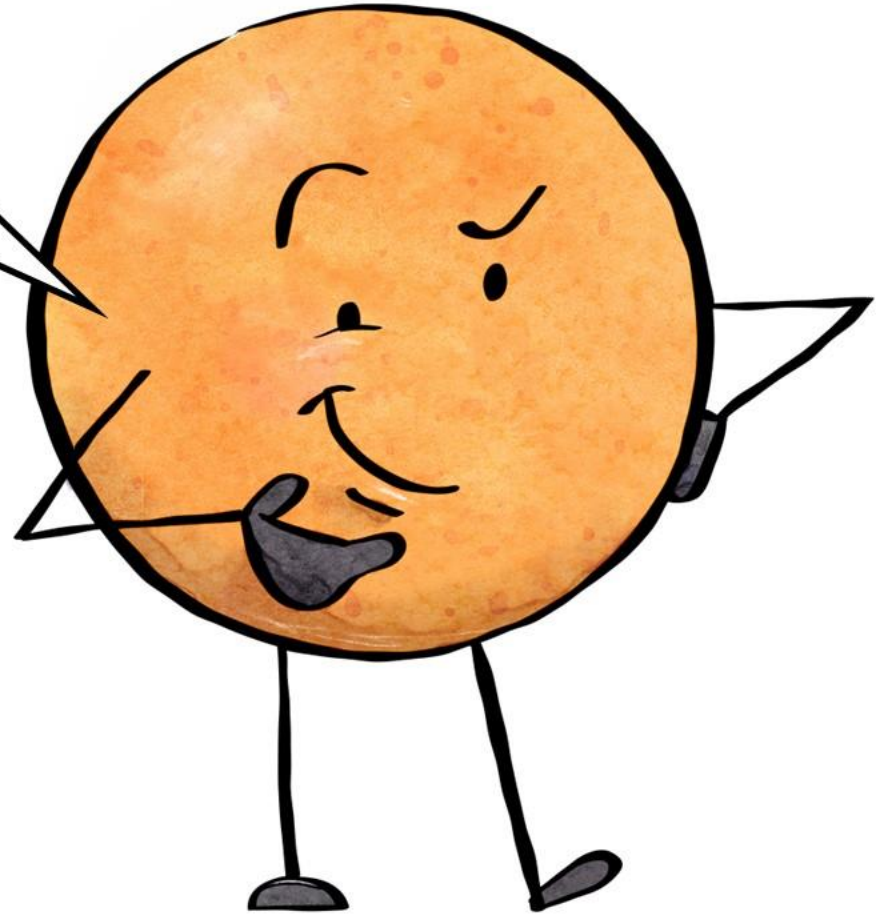
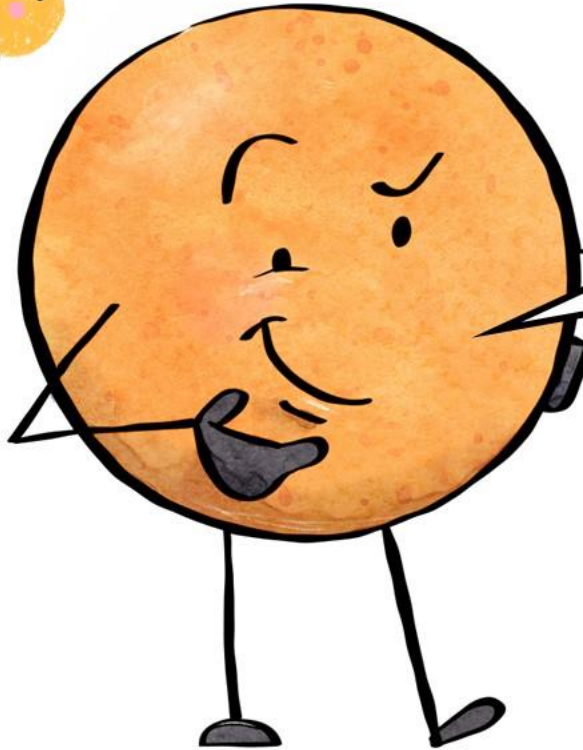


Are you
ready for ...



**THOUGHTFUL
TUESDAY**





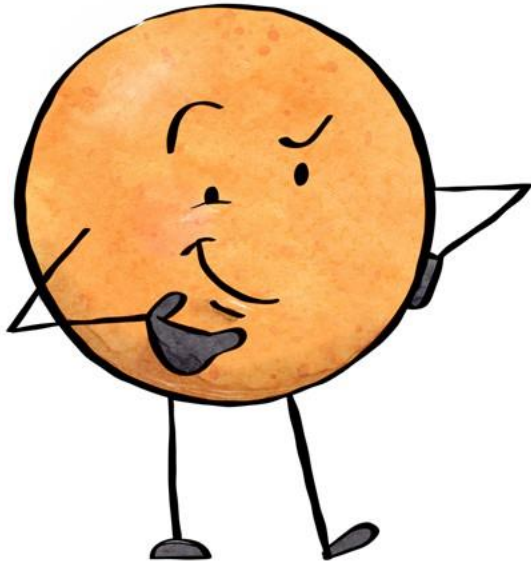
I can give
great
compliments



What are compliments?



One of the things kind and thoughtful people do is to compliment other people.



A compliment is when you say something nice to someone. You compliment their character, what they did, or even their appearance.

'You are such a caring person'

'I like the way you have painted that picture'

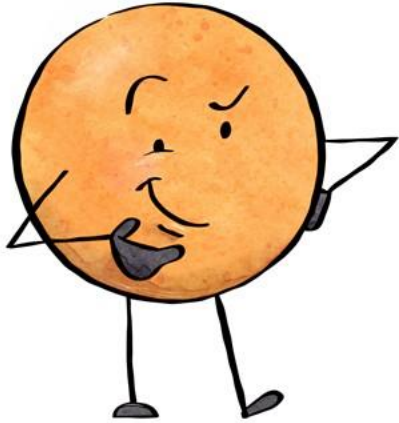
'I love your new shoes'



Activities



- Today make sure you give at least 3 compliments to people. Might be people in your school or people in your home. You might even have to ring someone up and fit in a compliment that way.
- Think about how complimenting others makes you feel. You will be surprised at how good it feels to compliment someone. You might even find you get some compliments back too. Send a letter or make a card for someone and see if you can fit a compliment into the letter or card. Can you guess how that person might feel when they receive your letter or card?



Giving compliments is kind



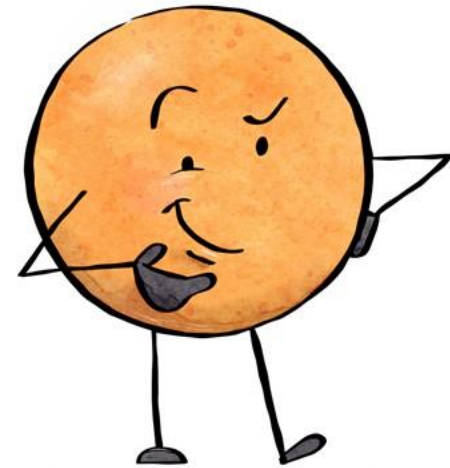
Affirmations



I am great at giving
compliments

Look in a mirror and
repeat these
statements out loud
every single day!

Complimenting others
feels good





Awesome
work!

Did you give
some great
compliments?

