

ANTI-BULLYING
AND OUR NEW
SUPERHEROS

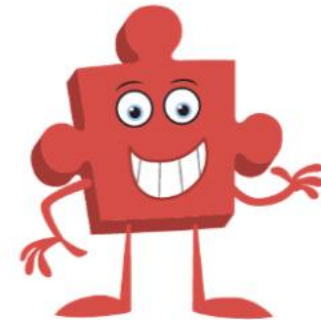
Jigsaw



**Celebrating Difference Big Question:
What is bullying and what can I do about it?**

RECAP

**Do you know the signs of bullying
to look out for?**



WHAT IS BULLYING?

- 1. It doesn't just happen once: it goes on over time and happens again and again**
- 2. It is deliberate: hurting someone on purpose, not accidentally**

ANTI-BULLYING

- 3. It is unfair: the person doing the bullying is stronger and more powerful (they might be older, bigger, or there may be more of them, and even if they are enjoying it, the person they are bullying is not)**

SOLVE IT TOGETHER



'Solve it together' Technique

Step 1 - 'Solve it together' code

- Each person needs to agree to
- Respect each other
 - Take turns to speak
 - Be honest
 - Involve an adult if it is serious
 - Want to solve the problem



Step 2 - Hearing both sides of the problem

Each child has the chance to say what he/she thinks happened.

Step 3 - Sharing feelings

Each child has the chance to say how he/she feels about the situation.
Then each child has a chance to say how he/she thinks the other person might be feeling.



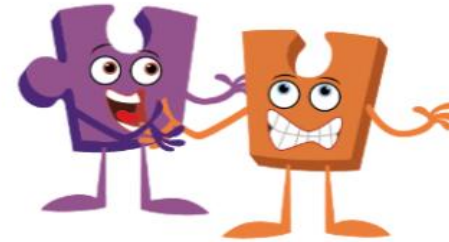
Step 4 - Finding solutions

The children think of what they can do to solve the situation or to make the situation better for them both.



Step 5 - The agreement

The children choose a solution and shake hands.



REMEMBER ADULTS WHO CAN HELP YOU





OUR ANTI-BULLYING CHAMPIONS

Always here to help with
any worries, concerns or
friendship issues you may
want to talk about!



FRIENDSHIP BUDDIES

We need some new recruits. If you are in Year 5 and would like to become a Friendship Buddy during Playtime and Lunchtime please come and talk to us or Mrs Lloyd-Christie.



No Bullying Boy – Designed by Oscar
in Year 2

And Friendship Man – Designed by
Noah in Year 5

These will be our school Anti-Bullying
Mascots. You will see them all around
the school.

Their mission is to eliminate any
Bullying at Heatherlands!!!

'Kindness is Our Superpower'

INTRODUCING OUR ANTI-BULLYING
SUPERHERO'S

OUR SCHOOL KINDNESS CHARTER



Let's think together about what our Kindness Charter could include:



E.g. share a smile, give out compliments, comfort someone who is sad, spread friendship.....