

'Powered by Kindness'



Anti-Bullying Quiz

From the Anti-Bullying Champions

Qu

1. What is bullying?

- A. A friendly joke
- B. Being mean on purpose again and again
- C. Playing a game
- D. Disagreeing once

2. Which of these is an example of bullying?

- A. Sharing toys
- B. Calling someone hurtful names repeatedly
- C. Helping a classmate
- D. Saying "good morning"

Question 2

Question 3

3. Bullying can happen:

- A. Only at school
- B. Only online
- C. Anywhere (school, online, playground)
- D. Nowhere

4. If someone is being bullied, what should you do?



- A. Laugh
- B. Join in
- C. Tell a trusted adult
- D. Ignore it every time

Question 4

Question

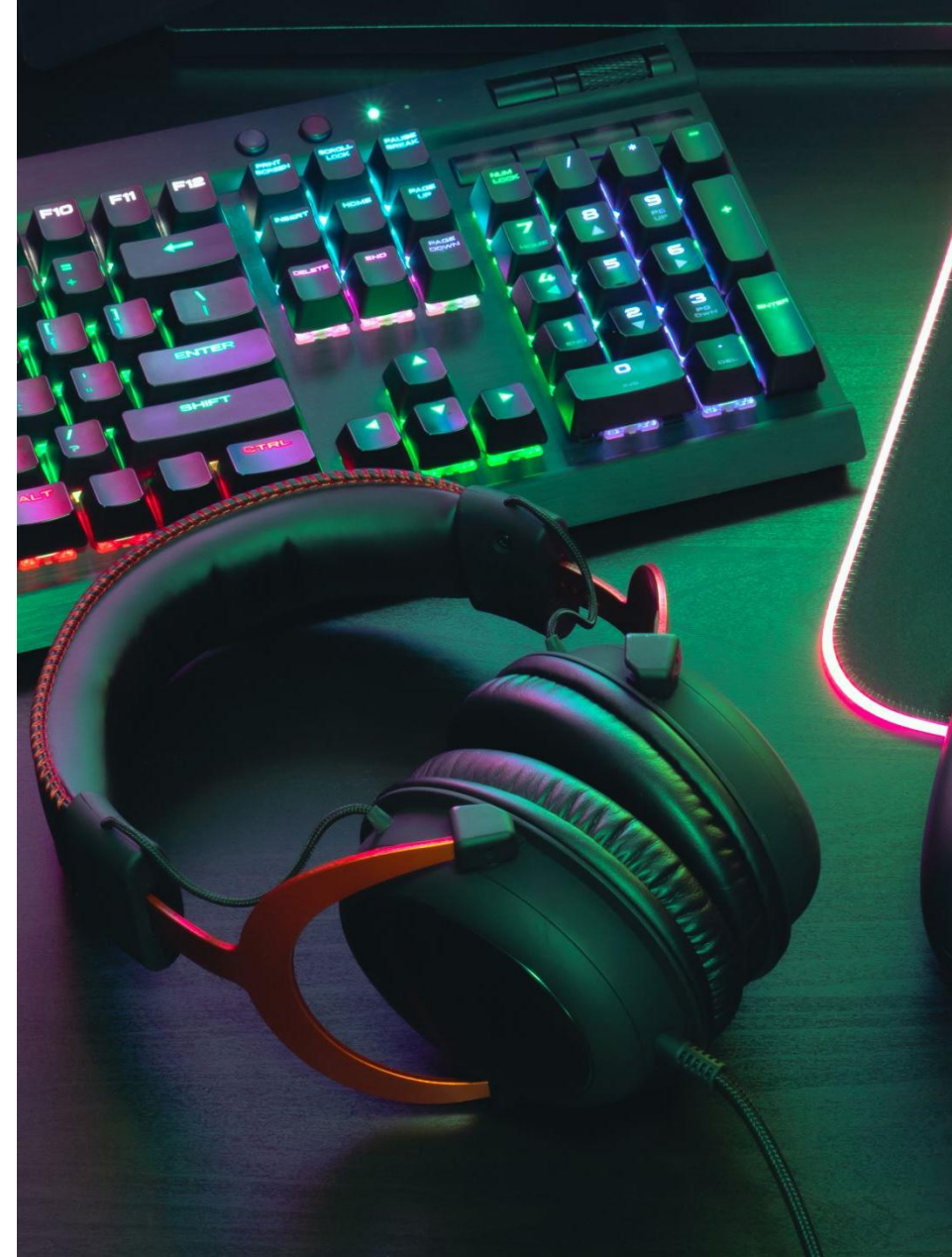
5. True or False: It's okay to bully someone if you're angry.



Question 6

6. What is cyberbullying?

- A. A computer game
- B. Being mean using phones, apps, or the internet
- C. Learning online
- D. Watching videos



Question 7



7. How might someone feel if they are bullied?



- A. Happy
- B. Excited
- C. Sad or scared
- D. Proud

Question 8



8. Which of these shows kindness?



- A. Leaving someone out on purpose
- B. Helping someone who is alone
- C. Spreading rumors
- D. Making fun of mistakes

Question 9

9. True or False: Being a bystander means you cannot help.

- **10. What makes a good friend?**
- A. Being bossy
- B. Being kind and respectful
- C. Teasing often
- D. Ignoring others

Question 10

Thought

Why do you think people bully others?

