



The Heatherlands Way

Heatherlands Vision

As the summer term draws to an end, we take the time to reflect on the term and celebrate our achievements. Whilst the weather has been changeable, this has not dampened our spirits and rain has not stopped play!

The summer term has been thirteen weeks, but you would be forgiven for thinking it has been much longer when you see how much has happened within the Heatherlands School community.

From concerts, to sports days, to football stadium tours and various trips around the county, this term has been action packed and the children have continued to demonstrate

The Heatherlands Way. In fact, we couldn't fit all the experiences in to this edition of the newsletter. So as we say farewell to our Year 6 leavers and get ready to welcome our new children into Early Years, it is a pleasure to share with you what has been happening at Heatherlands this term.



The Pond Makeover

Environmental **respect** is important because it helps preserve the beauty and diversity of nature.

With this in mind, in September last year, Miss Plumb and Miss Marsh embarked on a project to transform the school pond. They wanted to extend it so that it would have a shallow end to encourage a more diverse range of wildlife.

Therefore, they removed the old platform, drained the existing pond, dug out a completely new section and put a new liner in. Now the pond has been rejuvenated, the wildlife has returned and we have frogs, newts and pond skaters back already.

We are very much looking forward to inviting the children in next year to enjoy the wildlife and get back to pond dipping.

A big thank you to Miss Plumb and Miss Marsh!



Drain Art - 'Save Our Seas'

We have been exploring the impact of litter on the local and global environment. Working with Sarah from DEED, and Mirek from LucanArt, a group of Year 5 pupils designed artwork for a drain in their school grounds to encourage everyone to look down and consider where their litter goes when it is thrown 'away'.

'The children loved the workshop with Sarah and went into class talking about it all really confidently,' Bea Collis, Assistant Headteacher.

Following the workshop 'The Heatherlands Voice' (school council) chose the design which they felt stood out the most. While everyone did such a good job, it was Amelia and Christina who came up with the winning design of 'Save Our Seas' and the importance of **respecting** and looking after sea life.

Throughout this project the focus has been on raising awareness about our interconnection with the ocean - what happens when we drop litter on the streets, which can get washed down the drain, into the rivers and out to sea. Ocean plastic pollution is one of many environmental problems we are facing, and small actions like Drain Art really help our young people to be part of a more positive future and highlights the importance of environmental **respect**.

This project has made been possible thanks to funding from the Wessex Water Foundation Environment Fund via Dorset Community Foundation. For more information contact Sarah at DEED: training@deed.org.uk or www.deed.org.uk

Read all about it... Check us out in the local press!

VIEW

Poole and Mudeford pupils learn about ocean pollution with drain art

Students have created artworks for their schoolground drains as part of a project raising awareness about ocean pollution.

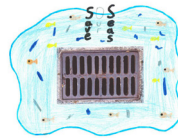


Photo by LucanArt

Students at schools in Poole and Christchurch have created artwork for their schoolground drains as part of a project exploring the impact of litter and waste on the environment.

Working with Sarah Wise from the education centre DEED and artist Miroslav Lucan from LucanArt, groups of Year 5 pupils from at Heatherlands Primary school in Poole and Mudeford Junior school in Christchurch designed the artworks to encourage fellow students to look down and consider what happens if their litter goes down a drain.

Following workshops with the children, designs were chosen which pupils and staff felt stood out the most. Amelia and Christina in Heatherlands and Noah in Mudeford came up with the winning designs of 'Save Our Seas' and 'Only Rain Down the Drain', which were judged as the most eye catching and powerful in their messaging. The chosen designs were then brought to life by Mirek from LucanArt.

Sarah Wise, centre co-ordinator for DEED, said: "Throughout this project the focus has been on raising awareness about our interconnection with the ocean - what happens when we drop litter on the streets, which can get washed down the drain, into the rivers and out to sea.



The Eco Council and the Clean Air Project

The Eco Council were invited to be part of the clean project run by Kate from Sustrans. The **motivated** team set up three air diffusers around the school to collect data about the amount of carbon monoxide in the air.

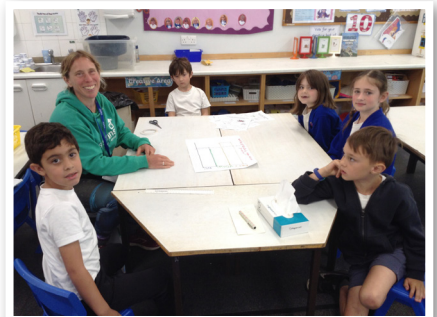
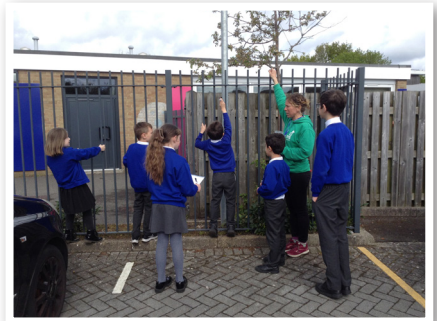
We placed one in the staff car park, one down on the MUGA and finally one outside of school next to Library Road. They were left for a month and then Kate sent them off to be analysed.

When the results came back, we were saddened to hear that the carbon monoxide levels for all three diffusers were near the recommended limit. So, we discussed ways to bring the levels down.

We talked about making as many journeys to school by foot, scooter or bike as we can which is good for **respecting** the environment and good for our health. Then we thought about 'park and stride', where you park your car a distance away from school and walk the last bit to reduce the level of fumes in the atmosphere. Finally, we talked about how important it is to turn the car engine off immediately to ensure that the car is not emitting anymore fumes into the atmosphere.

Eco Council were very keen to implement all these ideas and were **motivated** to make positive changes for the future.

Thank you for all your hard work, and keep your eyes peeled for anything unusual around school!



Clean Air Day

This half term we had a Clean Air Day where we got to celebrate all the work we have done to make the air we breathe around school cleaner.

We had an assembly in the morning where we read a book from a local author about the importance of clean air, we got to visit the fruit smoothie bike (which was very yummy) and we ended the day with a show of all our work to parents and carers. Lots of us won great prizes for travelling to school in a cleaner way. On top of all this, as it was the General Election, each class visited the 'Heatherlands Polling Station' and voted on Clean Air Day about what the best way to travel to school is. We put our votes in the ballot boxes and the results were:

Cycling to school got 124 votes

Scooting to school got 159 votes

Walking to school got 213 votes

Each of these is a cleaner, healthier way of travelling to school and gave the children food for thought. Not one to miss a trick, Miss Collis was then able to use this data to form part of the school travel plan.



Green Fingers

This term, the Early Years children have been tending to their garden in the Burrow. Whilst the children were keen to water the plants, at times little watering was needed after the deluge of rain!

The children were **motivated** by seeing the plants grow and then excitedly helped to dig or pick the produce, which included leeks, strawberries, cabbage, lettuce and spring onions. The herb garden really flourished too. At times the children were a little too **independent**, picking some of the strawberries when they thought no one was looking!

We were able to sell our produce to the Early Years parents and the proceeds of which will go towards more seeds and plants for the children to look after. Mrs Allen was able to buy some cabbage and sprigs of rosemary which were delicious with her Sunday roast dinner.



Martial Arts Shout Out!

Joshua Guy in Meteor class came joint 3rd on his first Martial Arts Competition on the 7th of July. This was organised by BCCMA (Official Governing Body of Chinese Martial Arts in Great Britain). Joshua has attended Martial Arts after school club and shown commitment, **resilience** and **aspiration**, striving to get his next belt each time. Joshua only got presented with his medal this week because he ended up leaving early due to an injury, ironically not during his fight, but after!

Mum and dad would like to thank Paul of Phoenix Martial Arts for teaching Joshua so well. They are both very proud of him as are the staff and children at Heatherlands.



Making Music

Year 5 spent the day with the team from Utterly Butterly Ukulele and had a terrific time!

At the start of the day, we were presented with random items, including butter containers! However, by the end of the day, we had made our own ukulele, learnt multiple different songs and gave a performance to our parents and carers. It was so much fun and the children were highly **motivated**. The best bit was when we did the call-and-response tasks where we responded to calls with our instruments.



The Great Outdoors at Moors Valley

Last week, Year 1 **resiliently** braved the weather and went to Moors Valley for a day out in the forest.

Whilst we were there, we explored the play trail looking for bugs, plants, birds and mammals. Some were real like the very friendly Mallard ducks beside the lake at lunchtime and some were imagined like the ants in the 'Ants Nest' and the giant bird in the 'Hawk's House'.

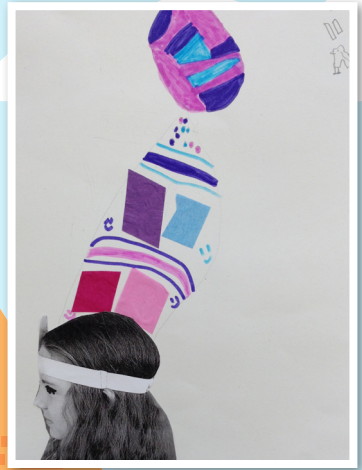
The children loved being able to climb on, in and around the various play areas. It bought their geography skills and knowledge of the natural world learnt in class to life and put the natural world front and centre in their minds.

Throughout the day the children showed **respect**, **resilience** and **independence** meeting challenges from the weather and terrain head on. As you can imagine we were all very tired at the end of the trip but fulfilled from the experiences of learning and exploring with our class in the great outdoors.



Ancient Egypt

To launch our Egyptian day, Year 4 came into school dressed up and enjoyed lots of different activities about the Ancient Egyptians. We made clay statues of the Ancient Egyptian Gods, made ourselves into pharaohs by drawing traditional Egyptian crowns onto photographs of ourselves, learnt how to make papyrus and even learnt a song! It was a busy but fantastic day where the children showed lots of **aspiration** and **motivation** taking in lots of new knowledge ready for our Egyptian Museum on the 1st July. Lots of our work from Egyptian Day and the rest of the topic will be on display for our visitors to enjoy.



PGL at Osmington Bay

Year 6 showed the Heatherlands Way attending PGL at Osmington Bay, staying two nights and three days away from their homes.

They arrived, showing great **independence** carrying their belongings to the accommodation. Firstly, the children were taken on a tour to learn the environment they would be living in for the next 3 days. They learnt songs and chants which they would use each time they walked to different areas on site. The first activity, children showed magnificent **resilience** by climbing Jacob's Ladder and whizzing along a Zip Wire. Alongside this, they also showed **respect**, when being asked to line up outside the dinner hall, before being welcomed in to enjoy a delicious meal. The food was different each day, offering a variety of meal choices from meat to vegetarian and mouth-watering deserts such as chocolate muffins.

After dinner, the children showed great **motivation** when Miss Bumford and Mr Parret conducted the first (of many) random room inspections. They absolutely loved the moment they heard the knock on the door and Miss B shouting 'room inspection' there was complete panic and rushing around to ensure their rooms were tidy, knowing there would be prizes (chocolate) for the tidiest room!

At night, when the lights went out, the children were noisy with excitement but once told to rest for a busy weekend ahead of them, they really showed the Heatherlands Way by being **independent** and doing their best to get to sleep.

On the second day, the children showed great **resilience** when faced with challenges such as: Dragon Boat Racing, Archery Tag, Aero Ball and Giant Swing. The children really relished the experience of learning how to row correctly, chanting and singing their favourite songs to the strokes.



Archery Tag was fantastic. The children got to shoot each other with a soft arrow - they were split into 2 teams and each time had to secretly nominate a Vice President. If the VP got hit the other team would automatically win! Mrs Broadfield, Mr Parret, Mrs Stanley and Miss Bumford had some rivalry and showed their competitive side to say the least! Next, after a filling and nutritious lunch, the children got to play 'Aero Ball', the aim of the game was for children to successfully land their ball in their opponent's net, whilst bouncing on a trampoline.



PGL at Osmington Bay cont.

Lastly, to finish off a fun and extremely busy Saturday, the children got to experience the Giant Swing. This is exactly what it says on the tin, a swing which launches you in the air, you pull a toggle and off you go. However, it wasn't as simple as that; there were 3 seats for the children to sit in and the rest of the team had to help hoist them up into the air. The children learnt great teamwork skills and persevered even though they were tired and found it rather exhausting. Nevertheless, they showed bravery and complete courage by conquering great fears (there were a lot of shaky legs in the air).

Overall, they were extremely lucky with the weather and they didn't get much rain at all. Saturday the sun shone beautifully and Osmington Bay is extremely picturesque overlooking the stunning sea. The children really did have a fantastic time and we are extremely proud of them coming out of their comfort zones, facing fears and learning teamwork and determination. Lots of fun and laughter along the way, the Teachers' even had matching pjs, which the children thought was hilarious!

Memories were made which they will cherish for life, what a wonderful way to end their time at Heatherlands.



**Thank you to all
the staff who made
the trip such a
success.**

Being a Good Sport

This year at Heatherlands, all the children took part in a fantastic sports day! In the lower part of the school, the children stayed in their class groups competing in a variety of carousel events around the field and KS2 competed in their houses to win points in several running, throwing and jumping events. We were all astounded by the fantastic behaviour the children had shown throughout the day and they cheered each other on, **respecting** everyone's efforts. Additionally, we were really impressed with the level of sportsmanship from children. It was a joy to hear so many children cheering their team mates on and **motivating** each other to keep trying their best. We have heard lovely feedback from the parents praising how well organised the events were and it was brilliant to see so many people had come to cheer on the children. A massive thank you to the Friends of Heatherlands for providing refreshing snacks for the parents and working hard to ensure they all had delicious food and drinks!

Finally, thank you to Mrs Cruttenden and Mrs Dighton for



Festival of Sport

On the 11th July, Mrs Cruttenden accompanied some pupils from Heatherlands to Oakdale School for the Festival of Sport.

Coastal Learning Partnership had brought together all the schools in the trust to take part in their first ever Sports Day. It was not a traditional sports day, as they wanted children to take part in sporting activities that they would not have necessarily done before. At the festival, there was golf, dance, quidditch, soft archery, cricket and touchball! We were lucky to invite six children from Y2 and Y3 to take part in this special activity.

The day was based around teamwork, **resilience** and **respect**! Heatherlands were in a group with children from St Luke's and they were incredible at mixing with children they have never met before. They showed excellent sportsmanship, brilliant **resilience** at completing events they had never tried before and were so **aspirational** in their achievements.

On returning to school, Mrs Cruttenden e-mailed to say 'You should be proud of the children in our school! They were excellent.'



I Like to Ride my Bicycle

At Heatherlands we have had the pleasure of welcoming Sustrans and Bikeability to teach our children how to ride a bike.

Both companies were amazed by the behaviour and **resilience** of our children and we're so excited to say that children can now ride their bike without stabilisers. Bikeability came in to teach the year 6 children about road safety and were able to take them out on the roads during the day and every child showed excellent **independence!**

Well done to all children, cycle safe!

Dear Miss Collis,

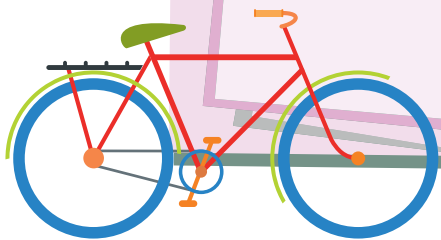
I just wanted to say a big thank you for facilitating the Bike Confidence Course that my daughter attended last Tuesday. Although we have tried to help her learn to ride, it seems that she needed the support and expertise that Sustrans offered last week.

Following her session on Tuesday, she was excited to come home and practise and has done most evenings since. On Tuesday, she peddled three times, Wednesday five, Thursday seven and yesterday something 'clicked' and she was riding her bike!

You can see from the attached short video how far she has come since last week and I wanted to thank the school and the members of Sustrans for giving her the confidence and skills to achieve this goal. She is incredibly proud of her achievement and we are very proud of her **resilience**.

Thanks again,

Mrs H



Football Fever with Helpful Hounds Assistance Dogs

Back in May, nineteen lucky children and a few excited adults (spot Mr Churchill in the photos) were invited to the Vitality Stadium, home of AFC Bournemouth, as guests of Helpful Hounds Assistance Dogs. Heatherlands works closely with the trust as part of their commitment to therapy pet work with our children. Cherry, the therapy dog, sponsored by AFC Bournemouth was there to meet and greet everyone.

During the visit to the stadium, the children had access to the changing rooms, press rooms, manager seats and even got pitch side for photos. The children ended their trip with a visit to the club shop where each child chose a souvenir to remember their experience.

Mr Churchill and Mrs Lloyd-Christie were very impressed with how all the children demonstrated the Heatherlands Way from the smallest to the eldest children.

Thank you, Helpful Hounds, Mrs Lloyd-Christie and AFC Bournemouth for a brilliant and memorable experience.



Aspiring Footballers

Our Year 3 and Year 4 children competed against Ferndown First School in a friendly football match. These children are not yet part of the school's football team so they were very **motivated** to show their skills and talents. They conducted themselves brilliantly and were very **respectful** towards the other teams' players. Finally, Mrs Cruttenden wanted to give a shout out to the girls who took part in the match - they held their own and got stuck in with the boys. She was super impressed with their **resilience**.

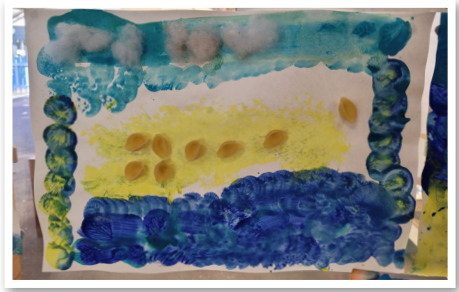


Art in Nature and Connections

This year the theme for Arts Week was **Art in Nature and Connections**. It was a busy week with lots of visitors from local author and illustrators, African Drumming and Samba dancing, Ukulele making workshops and drama sessions with Big Little Theatre.

Every year group has been inspired by nature, creating wonderful art work from sculptures, textiles sketching, animation and photography to name but a few. They have also explored other creative arts such as dance, music, photography and creative writing.

The children have demonstrated all of our school values and The Heatherlands Way, showing **respect**, **resilience** and **aspiration**



paper plate each which they could turn into a porthole, an underwater scene or a crab. They were also busy in the creative area creating a beach scene using different media such as sponges, brushes and bubble wrap, even adding a range of collage materials such as sand and pasta shells to create texture.

The classrooms have been transformed into a beach and underwater oasis with all of the children's beautiful artwork displayed. They are fantastic to look at and show the children's creativity and individuality!

Year 1 have enjoyed exploring art in nature and spending time in our natural environment. We made clay animals that represent our classes using skills of rolling, pinching and smoothing. We then made habitats for our clay animals using shoe boxes. First, we colour mixed to make a green background before drawing our ponds and other features. We



as artists with some amazing outcomes. It was a real celebration of all the children being creative at their own level.

Early Years were inspired by their 'Wet and Wild' topic and have enjoyed completing their paper plate challenge! They had one



then used tree rubbings to create texture and cut out trunks to add to our habitats. We also collected natural resources in our school environment to add to our habitats such as leaves, stones and sticks.



Art in Nature and Connections

Finally, we painted our clay animals and positioned them in our habitats. We had a lot of fun engaging in a variety of different activities where the children could express themselves freely and imaginatively. The children were proud of their final outcome and couldn't wait to take it home

Year 2 had a visit from a local author and illustrator Deb's Pharoah Pink. She shared her book with the children which inspired their own illustrations. She did a drawing workshop with each class sharing some top tips for illustrating their own animal images inspired by the wildlife in the grounds of our school. They were really **resilient** and worked **independently** to create some detailed images. The children also explored the school grounds using photography as their medium. These helped the children to create water colour backgrounds. They added their illustrations using black ink pen to create a stunning final piece. The children also explored drawing cartoon animals and had fun making up their own comic strips. In English they explored word types and created word art linked to their favourite animals.



Year 3 started the week by looking at the artist, Sandra Meech. She uses a mixed media approach to her work, incorporating drawing, painting and textiles to create glacier inspired pieces. We found that she used different principles and elements of art but particularly liked her use of colour and texture. We then had a go at using different tie dye techniques to make different lines. It was a bit fiddly to tie the elastic bands on our fabric but we showed **resilience** to create some lovely effects.

We had to think carefully about which colours would work best for our group piece, which we planned using collage before having another go at dyeing with the right colours. On the Tuesday we had a visit from the Big Little Theatre company who put on a fantastic show for us. We then took part in some workshops and performed ourselves in the afternoon! Later in the week, we combined all of our pieces of fabric together to make a year group outcome. We had to look at the patterns carefully to represent the different features of a glacial scene - mountains, cliffs, water and the northern lights in the sky. We were even able to use some of our test pieces of fabric to make some hammered leaf art during our forest school sessions!



Art in Nature and Connections

In **Year 4**, we used ink to create welcome banners in hieroglyphs for our Egyptian museum in a few weeks' time. We learnt about calligraphy and how to create lines using ink and practised in our sketch books. We had already practised hieroglyphs for part of our history learning so then practised using ink before writing on our homemade papyrus!

Year 5 carried on our theme of 'Exploring Africa' from earlier on in the year as it was such a success, and used wire to create sculptures of African animals. We also used different materials to create African masks which we all enjoyed wearing! To add to the week, we also had a workshop with Utterly Butterly Ukulele from SoundStorm which ended with a brilliant performance to parents/carers. Finally, to finish the week off, we worked with some A Level students from Magna who taught us some African drumming

Year 6 enjoyed two projects during Arts Week. The first project was around the theme of 'art in nature'. The children used the medium of photography to take close up pictures of nature within the school grounds. These varied from close up images of leaves and flowers to action shots of bugs and insects. The second project was around the theme of 'connection'. The children thought carefully about what this word meant to them, their ideas ranged from relationships with friends and family to physical connections of wires or chains. The children then studied stop motion animation, taking ideas and tips from animators at Aardman. In groups, they then planned a story around a character thinking about the connection theme and then used plasticine to produce their very own stop motion animation using software calling 'I Can Animate'. Their results were fantastic and they should be very proud of the teamwork skills they showed throughout!

A big thank you to Mrs Preston for inspiring the children and organising a phenomenal arts week!



Snap Happy!

As part of Arts Week, Mrs Preston organised an Art in Nature Photography Competition. The children were tasked with taking their own photo of nature, such as a landscape, an animal or an incredible insect. There were over 85 entries and we were impressed with the level of photography skills and how the children captured nature in all its glory.

The winners and runners up will be presented with a prize at the end of term celebration assembly.



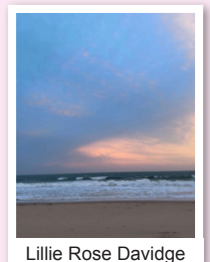
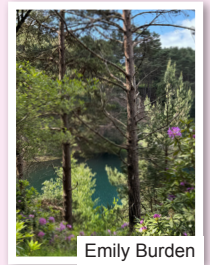
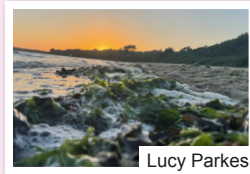
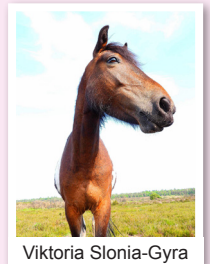
Winning entries:

- EYFS - Alfie Darch in Cherry Class
- Year 1 - Viktoria Slonia - Grya in Dragonfly Class
- Year 2 - Alaya Ree in Seashell Class
- Year 3 - Emily Burden in Sycamore Class
- Year 4 - Isabelle Ireland in Lulworth Class
- Year 5 - Lucy Parkes in Comet Class
- Year 6 - Lillie Rose Davidge in Mayflower Class

Runners Up entries:

- EYFS - Sheridan Walker in Rose Class
- Year 1 - Bonnie - Mae Johnson in Waterlily Class
- Year 2 - Hassan Murad in Coral Class
- Year 3 - Bonnie Chenney in Maple Class
- Year 4 - Gabriel Vitiello in Kimmeridge Class
- Year 5 - Sophia Harrison in Meteor Class
- Year 6 - Elsie Jirat in Victory Class

A big thank you and well done to everyone who entered the competition. We hope you are inspired to continue taking photos of the natural environment.



Respecting Different World Views

In their RE lessons, Year 4 had a special visitor called Mrs Paranjpe who works with DEED who came in to teach the children all about Hindu culture and India.

Year 4 have been learning lots about Santana Dharma which was formerly known as Hinduism. We learnt about the different religions and festivals in India as well as sampling some Indian snacks. The banana chips were a particular favourite! We also learnt about Indian dance and some children had the opportunity to dress up and dance with Mrs Paranjpe and wear some special clothes but the rest of us did not want to miss out so we followed along! This was an excellent opportunity for the children to develop an understanding of their own and others' worldviews, which underpins the growth of empathy and **respect**.

A massive thank you to Mrs Paranjpe and Louise from DEED for facilitating the workshop.



Water Safety Reminder

As we look forward to the summer break, it serves as a timely reminder about the importance of staying safe around water. We are extremely lucky to live by the coast and this term an RNLI volunteer led an assembly to teach the children about important water safety skills. The children learnt about what the different flags mean at the beach, how to spot dangers and the importance of 'float to live'. Some of the children and staff even had the opportunity to dress up as lifeguards and RNLI volunteers. Have a look at www.rnli.org to learn more about water safety and what the RNLI are doing to celebrate 200 years in Poole.



Online Safety Reminder

With the school summer holidays only a matter of days away, many parents and carers will already be planning outings and activities to keep their young ones entertained. In between those special summer moments, though, there are also likely to be occasions when children happily invest a whole afternoon in Among Us or spend most of their Monday on Minecraft.

As young people's screen time almost inevitably increases over the holidays, parents like to feel confident that their child will stay safe while they're exploring the digital world. So, we've got a poster from National Online Safety with some simple solutions to help children avoid frequent online pitfalls and enjoy a more positive experience when they go online this summer.



Heatherlands Voice Update

Ice Lolly Sales

On a Wednesday, children have been lining up wanting an ice lolly and have gone home happy. We have raised a little money which we have given to charity and bought a few resources for the children in school. **Ollie and Ellie**



The Cosy Shack

Heatherlands Voice had a meeting with Mr Coleman regarding the old Writing Shack, located on the bottom playground. We asked if this could be mended so it could be for children to chill out in during break and lunchtimes. This has now been repaired and now can be used for the all the children. **Logan and Emily**

Money Raising - for Helpful Hounds and The Alzheimer's association

This term we have raised over £300. We sold raffle tickets so someone could win a signed Bournemouth FC football and 20 runner up prizes to have a tour of the Bournemouth Football stadium. The money raised was given to Helpful Hounds who provide us with therapy dogs which support children in need in our school. We all love the dogs that come and see us.

Skye and Lille-Rose

We also gave £50 to Mrs Cruttenden who raised money by doing a charity bike ride for an Alzheimer's Association. She cycled from London to Brighton in just over 4 hours! She has inspired us to do fun run at the end of term.

Holly and Darcie

Fun Run

The fun run is an active activity we wanted to share with the school. It is an opportunity for the children to get fit and healthy. We also want to show we are a fit, healthy and sporty school.

Reese and Lilly



Friendship Buddies

The Heatherlands Voice have introduced Friendship Buddies to help children who feel sad or lonely to play with somebody new. You can see who these people are as they wear pink high visibility jackets. Children can go to these people when they feel they can not go to anyone else or if they just want a chat! Friendship buddies are always outside during break and lunchtimes.

Jess and Grace

Enjoy the summer holiday and we look forward to welcoming you back safe and sound in September!

Heatherlands



A big thank you to all staff and children who have contributed to this edition of the newsletter. We couldn't do it without you and appreciate your commitment to the 'Heatherlands Way'. Please let Mrs Allen know, if you would like to contribute to future newsletters.

